

H

Hexa-, hepta- and octa-esters of sucrose
High Fructose Corn Syrup
Hydrogenated/partially hydrogenated fats & oils
Hydrogenated Starch
Hydrolyzed Soy or Corn Protein
Hydroxypropyl Guar Gum

I

Indigo Carmine
Irradiated Foods

L

Lactylated Esters of mono- and diglycerides
Lard
Lead Soldered Cans
Lye
L-Cysteine (Cystine)

M

Maltodextrin
Methylene Chloride
Methyl Paraben
Methyl Silicon
Modified Food Starch-(acceptable if not chemically modified)
Monosodium Glutamate/Sodium Glutamate (MSG)

N

Natamycin
Nature-Like Colors (Nature Identical)
Nature-Like Flavors (Nature Identical)
Neotame
Nitrates/nitrites

O

Olestra
Oxystearin

P

Parabens (all)
Polydextrose
Polysorbates (all)
Potassium Benzoate
Potassium Bisulfate
Potassium Bromate
Potassium Hydroxide
Potassium Lactate
Potassium Metabisulfite
Potassium Nitrate or Nitrite
Potassium Sorbate
Propionates (Calcium, Sodium)
Propyl Gallate
Propylene Glycol

Propylene Glycol Alginate
Propylene Oxide
Propylparaben
Protein Hydrolysates (soy, corn, wheat)

S

Salatrim
Silicones/Siloxanes (Methyl Silicon, Dimethylpolysiloxane)
Simplese
Sodium Aluminum Phosphate
Sodium Aluminum Sulfate
Sodium Benzoate
Sodium Bisulfate
Sodium Diacetate
Sodium Erythrobate
Sodium Ferrocyanide
Sodium Glutamate
Sodium Hydroxide
Sodium Lactate
Sodium Lauryl Sulfate
Sodium Metabisulfite
Sodium Nitrate/Nitrite
Sodium Phosphate/Trisodium phosphate
Sodium Propionate
Sodium Sterol Lactylate
Sodium Steroyl-2-lactylate
Sodium Sulfite
Sorbic acid
Sorbitan Monostearate
Stannous Chloride
Sucralose
Sucroglycerides
Sucroglycerides
Sucrose Polyester (Olestra, Olean)
Sugar Alcohols (erythritol, lactitol, maltitol, mannitol, sorbitol, xylitol)
Sulfites (Sulfur dioxide)

T

Tartrazine
TBHQ (tertiary butylhydroquinone)
Tetrasodium EDTA
Theobromine (Added, not naturally occurring)
Titanium Dioxide
Toluene
Trans Fatty Acids
Triacetin/Glycerol Triacetate

V

Vanillin

Y

Yellow Prussiate of soda



"Simple ingredients. Honest origins."